

# Boulder Valley Velodrome - Junior Cycling Program

The **Junior Cycling Program** is organized into three program levels designed to cultivate development of the necessary skills to ride, train and race on the velodrome for cyclists **aged 11-18**. The program includes individual track time, rental of **Specialized Langster** track bicycle and **Pearl Izumi** shoes, as well as world-class coaches focused on developing each rider's unique skills.

## Junior Intro to Track Cycling

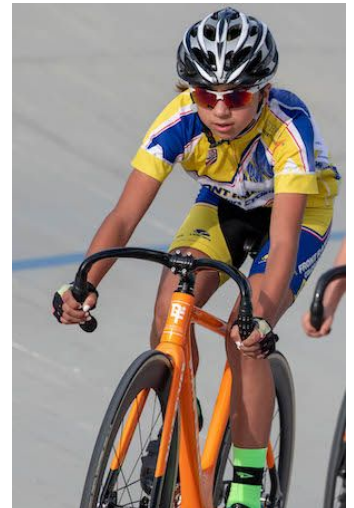


Young riders are introduced to the world of track cycling; No racing experience is required. Riders learn the basics of riding fixed-gear bikes and experience the excitement of riding a velodrome track. The fun-filled curriculum includes instruction and practice on starting and stopping, general track cycling etiquette, and safety. Track bicycles and cycling shoes are provided. Bring helmets and an enthusiastic attitude!

<p><b>Prerequisite:</b> None (age 11-18)  <b>Time commitment:</b> 90 minutes x 4 weeks  <b>When:</b> Tuesdays, 4-5:30pm  <b>Cost:</b> \$50 - <a href="#">More Info &amp; Purchase</a></p>	Session 1: <b>Sold out</b>
	Session 2: June 4 - 25
	Session 3: July 9 - 30
	Session 4: August 6 - 27

## Junior Velodrome Skill Development

In these classes, riders learn the necessary skills to ride, train and compete on the velodrome track. While competing is not a requirement, successful completion of this level achieves BVV Track Certification.



<p><b>Prerequisite:</b> Junior Intro to Track Cycling or racing experience &amp; membership in a USA Cycling-registered Colorado Junior Cycling Club  <b>Time commitment:</b> 90 minutes x 8 weeks  <b>When:</b> Thursdays, 4-5:30pm  <b>Cost:</b> \$100 <a href="#">More Info &amp; Purchase</a></p>	Session 1: <b>Sold out</b>
	Session 2: April 25 - June 13
	Session 3: July 11 - August 22

## Junior VeloPass / Velodrome Racing Classes



Riders take a deep dive into track cycling competition—everything from rules, tactics and training to race preparation. These classes include a **BVV VeloPass**, so in addition to the weekly coaching session, riders have access to train on the track anytime during the week!

<p><b>Prerequisite:</b> Junior Velodrome Skill Development or BVV track certified  <b>Time commitment:</b> 2 hours  <b>When:</b> Sundays, 2-4pm May - August  <b>Cost:</b> \$300 <a href="#">More Info &amp; Purchase</a></p>	All Season
	Sundays
	2-4pm
	May - August