



BOULDER VALLEY VELODROME

# Moto Lap & Wheel Race Nights

This Training race night will be built on two events - Moto Lap races and Wheel Races (Handicaps).

**The Moto Lap events** may change format but they usually involve the motor setting the pace at the stayers lane (Blue line). Riders ride a paceline behind the motor taking turns at the front. Riders can attempt to “take a lap” on the field by moving down into the sprint lane and chasing the field. This “race” can be as hard as you want to make it!



**Wheel Races** (or Handicaps) are generally short distance (2km or less) standing start events. The riders are staggered around the track with the fastest/strongest rider having to complete the entire distance (Scratch) and the others given an advantage. There will be heats and finals for the Wheels races each evening.



## Who

This series is open to all BVV Certified riders. No USA Cycling license required to participate.

## Cost

\$30 Entry Fee

\$20 for BVV VeloPass holders

## Dates

June 6

July 18

August 15 & 29

## Time

Registration & Warm-up @ 5:30pm

Racing Starts @ 7pm



# ***BVV - Fast Fun on Two Wheels!***

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