

Boulder Valley Velodrome - Junior Cycling Program

The **BVV Junior Cycling Program** is organized into three program levels designed to cultivate development of the necessary skills to ride, train and race on the velodrome for cyclists **aged 11-18**. The program includes individual track time, rental of **Specialized Langster** track bicycle and **Pearl Izumi** shoes, as well as world-class coaches focused on developing each rider's unique skills.

Junior Intro to Track Cycling

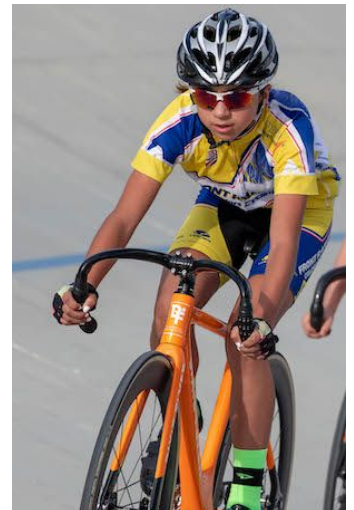


Young riders are introduced to the world of track cycling; No racing experience is required. Riders learn the basics of riding fixed-gear bikes and experience the excitement of riding a velodrome track. The fun-filled curriculum includes instruction and practice on starting and stopping, general track cycling etiquette, and safety. Track bicycles and cycling shoes are provided. Bring helmets and an enthusiastic attitude! This program is run in partnership with the Erie Parks and Recreation Department; register via the Erie Parks and Recreation web portal.

Prerequisite: None (age 11-18) Time commitment: 90 minutes x 4 weeks When: Mondays, 4:00-5:30pm Cost: \$50 - More Info & Purchase	Session 1: April 29 - May 20
	Session 2: June 3 - 24
	Session 3: July 8 - 29
	Session 4: August 5 - 26

Junior Velodrome Skill Development

In these classes, riders learn the necessary skills to ride, train and compete on the velodrome track. While competing is not a requirement, successful completion of this level achieves BVV Track Certification.



Prerequisite: Completion of Junior Intro to Track Cycling or bicycle racing experience and membership in a USA Cycling-registered Colorado Junior Cycling Club Time commitment: 90 minutes x 8 weeks Cost: \$100 More Info & Purchase	Session 1: Tuesdays 4/23 - 6/11
	Session 2: Thursdays 4/25-6/13
	Session 3: Tuesdays 7/2-8/20

Junior VeloPass / Velodrome Racing Classes



Riders take a deep dive into track cycling competition—everything from rules, tactics and training to race preparation. This level includes a **BVV VeloPass**, so in addition to the weekly coaching session, riders have access to train on the track anytime during the week!

Prerequisite: Completion of Junior Velodrome Skill Development or previously certified at BVV Time commitment: 2 hours When: Sundays, 2:00-4:00pm May - August Cost: \$300 More Info & Purchase	All Season
	Sundays
	2-4pm
	May - August